



2020-21 Team Practice & Scrimmage Policy

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BU10-BU19 & GU10-GU15 Teams

Summer (Season starts June 1st)/Fall Season (Season starts Sept. 5th - Dec 19th)

Teams will practice twice a week, 90 minutes a session, from first week of June until last game of season (usually mid-December).

- No practices allowed before June 1st or after last fall season game for your team.
- No practice for U10-U12 during one Soccer camp (August)
- Do not cancel training/reschedule games because HC cannot attend. Find coverage or contact DoC
- Goal Keeper training takes priority over regular practice
- Teams will participate in Crossfire Select Cup and two other tournaments (max.)
- No practices or games during Thanksgiving (unless your team chooses to participate in a Thanksgiving tournament).
- Teams will break for approx. 2 weeks in December, after final fall league game.

State Cup (est. Group play Jan. 2-3, 9-10, 16-17, QF 22-24, Semi/Final 30-31)

Teams will resume training for 1 week before State Cup play (if it's possible depending on when holidays fall). Teams will continue to train twice a week during State Cup play.

- No practices allowed after last State Cup game.

GU16-GU19 Teams

Summer Season

Teams will practice twice a week, 90 minutes a session, from first week of June until High School Tryouts in August (usually mid-August).

- No practices allowed before June 1st
- Teams will participate in Crossfire Select Cup and two other tournaments (max.)
- Goal Keeper training takes priority over regular practice

Winter Season (Season starts Dec. 5th – Mar. 28th 2021)

- Teams will practice twice a week, 90 minutes a session, starting week of November 16th
- Practice over Thanksgiving week permitted
- Teams will break for approx. 2 weeks in December

State Cup

Teams will continue to train twice a week during State Cup play.

- No practices allowed after last State Cup game.

U10-U14 Spring Teams

Spring Season (Season starts end Feb. 2021 – end Mar. 2021)

Teams will practice once a week, 90 minutes a session, from week of Feb. 2021 until last game of season.

- Participation is for all Crossfire Select players and teams will be formed by order of player registration
- GHS age teams have priority on field space and time slots
- No practices allowed after last Spring game for your team.

Scrimmage/Friendlies Policy

- **No training or scrimmage/friendlies are allowed before June 1st.**
- **No 'extra' team practices/camps/skills clinics without DoC and Board approval.**
- **Coaches and managers are asked not to reach out to LWYSA office, 60 Acres or Parks to schedule fields for friendlies. You will be denied direct rental due to insurance reasons.**
- **No referees will be scheduled through LWYSA. Ask a parent/s to referee.**

Each Crossfire Select team is allowed five scrimmages/friendlies with other teams, including non-Crossfire Select teams, during the summer season only.

Steps for securing field space;

1. Teams must contact Hugo Alcaraz-Cuellar, coachingdirector@crossfireselect.com for approval.
2. Once approved, DoC will contact facilities@crossfireselect.com who will coordinate a field and request payment from team. Depending on the facility used, teams will pay a fee (between \$40/hr-\$70/hr) for field usage. This should be paid directly to LWYSA. If a field is available and unused and already rented by Crossfire Select, team may not be asked to pay (last minute requests only).