

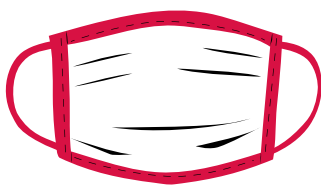
# Crossfire SELECT

## PRACTICE GUIDELINES FOR COACHES



### Check the Time

Don't arrive more than 5 min. before practice starts, and clear the field immediately after. Enter and exit the field where instructed. Players and coaches only on the field.



### Wear a Mask

Coaches must wear a mask. Team talks should be had from a distance. Players should wear a mask while walking to and from the field, but not while actively practicing.



### Check in with Players

Ask players if they, or anyone they're in contact with, has been sick in the last 14 days. If so, send them home. Ensure players have their own ball and water and remind them to place bags 6 feet apart. Sanitize hands.



### Keep it Clean

Use hand sanitizer immediately before, during and after practice, and have players do the same. Only bring cones or goals. No pinnies. Sanitize equipment after every session.



### No Contact

Keep 6 feet between you, other coaches, and players. No physical contact through all the activities and drills. No high fives, fist bumps or handshakes. No lines.



### Report Any Illness

Report any player illnesses to Toni Smith at [president@crossfireselect.com](mailto:president@crossfireselect.com) as soon as possible. For urgent issues call 425-879-5775.



### Be a Role Model

Have fun! Stay positive! You are a role model!